



CARING FOR KIDS & FAMILIES

SINCE 1806



Benefits Enrollment Guide

2023—2024

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When it comes to health insurance, Graham Windham continues to offer you choices in a broad range of benefit areas, including health care, life insurance, disability insurance, dependent care and much more. This guide is designed to help you understand your benefit enrollment options for the 2023/2024 policy year. Included are summaries of your plan choices, such as medical, dental, vision, life insurance, accidental death & dismemberment and retirement options. We encourage you to use this guide as a reference throughout the year. If you have questions, please contact Mildred Powers in our Human Resources Department.

Important Note: The purpose of this guide is to summarize our benefit programs and provide required notifications. Your specific rights to benefits under the Plans are governed solely, and in every aspect by the official Plan Documents and insurance contracts and not by this guide. If there is any discrepancy between the description in this guide and the official Plan Documents, the language of the official Plan Documents shall take precedent.



Core Benefits	
Medical: Oxford Health	• POS • EPO • HDHP
Medical; Health Savings Account: Optum Bank	• HSA
Medical; Health Reimbursement Arrangement: The Payflex / Inspira	• HRA
Dental: United Healthcare	• DMO • PPO
Vision: United Healthcare	• PPO
Disability: Prudential	• Voluntary STD • Voluntary LTD
Basic Life Insurance: Prudential	• Voluntary Life Insurance • Accidental Death and Dismemberment
Flexible Spending Account: Benefits Resources, Inc.	• Dependent Care FSA
Commuter Benefit Plan: Benefits Resources, Inc.	• Transit • Parking
Employee Assistance Program:	• ComPsych
Retirement Plans:	• Mutual of America

IMPORTANT REMINDERS

Before Enrollment:

Before enrollment begins, take the time to educate yourself on the benefit options that are available to you. Review this Guide carefully as you consider your plan choices.

If you are electing to cover your dependents on medical, dental or vision benefits, proof of dependent eligibility is required. If you are enrolling dependent children, a copy of their Birth Certificate is required. To enroll your lawful spouse, a copy of your Marriage Certificate is required. These documents must accompany your enrollment forms or your dependents will not be enrolled.

During Enrollment:

You will be required to make your elections during the Benefits Orientation within the first 30 days of employment. If you do not make elections, then you may not be able to get coverage until the next open enrollment period.

After Enrollment:

Your benefits will be effective on your 90th day of employment.

Medical coverage: If you elect coverage, you will receive an ID card in the mail that you should use for all medical and prescription services. New ID cards will only be sent when an employee first elects coverage or makes changes to their current election.

Your ID card contains important information about you, your employer group, and the benefits to which you are entitled. Always remember to carry your ID card with you, present it when receiving health care services or supplies, and make sure your provider always has an updated copy of your ID card.

Dental coverage: If you elect coverage, on or after your 90th day of employment, you can obtain an ID card by logging into myuhc.com.

Vision coverage: If you elect coverage, on or after your 90th day of employment, you can obtain an ID card by logging on to www.myuhcvision.com.

Note: New hires are not required to provide proof of health status to enroll in any benefits.

General:

The policy year runs from: October 1-September 30

Our plans are administered on a pre-tax basis. Deductions for these plans are taken before taxes and are therefore reducing your taxable income (and saving money on taxes for that amount). Per IRS regulation, you are only able to make future changes to your elections during Open Enrollment or if you have a qualifying life event. (Please see definition of Qualifying Life Events on page 5.) Please choose your benefit elections carefully.

Note: New hires are not required to provide proof of health status to enroll in voluntary life or disability benefits. Existing employees who choose to elect or add additional coverage will be required to complete a health questionnaire (evidence of insurability).



All full time employees scheduled to work 21 hours or more, per week, are eligible for the Health and Welfare benefits offered by Graham Windham. Eligibility is extended to the qualified dependents of our eligible employees.

Dependents include the following:

- Any lawful spouse
- Your biological, adopted, step or foster children who has not reached the age of 26
 - Dependent children will be covered until the end of the month in which they turn 26 under the Oxford Medical, UHC Dental and Vision plans.
- Dependent students can elect either COBRA or Young Adult Coverage over the age of 26. Both options allow for an additional 36 months of coverage.
- Dependents who are over age 27, primarily supported by and incapable of self-sustaining employment by reason of mental or physical handicap.

Changing benefit elections:

As previously mentioned, you are allowed to make changes to your medical, dental, and vision plan choices during the annual open enrollment period. After the open enrollment period ends, you will not be allowed to make changes to your elections unless you experience a qualifying event.

Some qualifying events include:

Life Events
Change in marital status (marriage, death of spouse, legal separation)
Change in number of dependents (birth, death, adoption, eligibility status, child support order)
Change in employment status for you or your spouse (new employment, termination, leave of absence, full-time to part-time or vice versa)
Special enrollment rights under HIPAA
Medicare coverage



Important Terms to Understand

Deductible:

The amount you pay for covered services before the plan begins to pay benefits. Once a covered family member reaches the individual deductible, he or she will have satisfied their deductible requirement for the policy year.

Coinsurance:

The percentage of covered medical expenses that you are required to pay after you meet your deductible. After you pay your coinsurance, the plan pays the remainder of the covered expense.

Annual Out of Pocket Maximum:

The most you have to pay for covered medical care in a policy year (excluding copays). Once a covered family member reaches the individual out-of-pocket maximum, his or her eligible expenses are covered in full for the rest of the policy year.

As a Graham Windham employee, you have access to comprehensive medical coverage which is meant to protect you and your family from catastrophic medical costs. In this section, you will find information on these plans. Take the time to understand how they work, the coverage each provides, and how to use them to best meet the needs of you and your family.

Oxford Health High POS Plan

The High POS Plan is a network-based program that offers access to Oxford's Liberty network of physicians, facilities, and pharmacies. The plan provides benefits for expenses incurred both in and out-of-network with no referral requirement. Graham Windham will reimburse employees enrolled in the High POS Plan half of the in-network deductible. After members meet the first half of their deductible, Graham Windham will reimburse the second half through the HRA (Seneca).

Oxford Health Middle EPO Plan

The Middle EPO Plan is a network-based program that exclusively offers access to Oxford's Liberty network of physicians, facilities, and pharmacies. The plan provides benefits for expenses incurred in-network with no referral requirement. Graham Windham will reimburse employees enrolled in the Middle EPO Plan half of the in-network deductible. After members meet the first half of their deductible, Graham Windham will reimburse the second half through the HRA (Seneca).

Oxford Health Base High Deductible Health Plan (HDHP)

The Base HDHP Plan is a network-based program that exclusively offers access to Oxford's Liberty network of physicians, facilities, and pharmacies. The plan provides benefits for expenses incurred in-network with no referral requirement. Members who enroll in the High Deductible Health Plan are offered the opportunity to set aside pre-tax funds into a Health Savings Account (HSA). These accounts are individually owned by each employee and can be carried over in the event of termination of employment from Graham Windham.

MEDICAL INSURANCE

Deductible and Out of Pocket Maximums reset every policy year, on October 1st. Graham Windham employees enrolled in this plan will be responsible for the first 50% of the deductible \$1,000 (Individual)/ \$2,000 (Family) for in-network services, then Graham Windham will reimburse the second 50% of the deductible through the HRA. Out-of-network deductibles do not qualify for reimbursement.

Oxford Health High POS Plan		
	In Network	Out of Network
Annual Deductible* Individual / Family	\$2,000 / \$4,000	\$4,000 / \$8,000
Annual Out-of-pocket Maximum Individual / Family	\$4,000 / \$8,000	\$8,000 / \$16,000
Coinsurance	10%	30%
Office Visit Copay PCP / Specialist	\$30 / \$50	Subject to Deductible & Coinsurance
Preventive Care / Well Women Care/Routine Physicals (For both Adult and Children)	Covered in Full	
Lab, X-Ray or Other Preventive Tests	Covered in Full	
Major Diagnostics CT, MRI, PET Scans and Nuclear Medicine Out Patient	Subject to Deductible & Coinsurance	
Emergency Room	Subject to Deductible & Coinsurance	
Hospital Inpatient	Subject to Deductible & Coinsurance	
Urgent Care Facility	\$50 copay	
Mental Health Inpatient	Subject to Deductible & Coinsurance	
Mental Health Outpatient	\$50 Copay	
Retail Prescription Benefits		
Deductible Individual / Family	\$100 Per Member (Waived for Tier 1 medications)	Covered at Participating Pharmacies Only
Generic (Tier 1)	\$25 copay	
Preferred-Brand (Tier 2)	\$50 copay	
Non-Preferred Brand (Tier 3)	\$75 copay	
Mail Order Prescription Benefits (90 Day Supply)		
Generic (Tier 1)	\$62.50 copay	Covered at Participating Pharmacies Only
Preferred-Brand (Tier 2)	\$125 copay	
Non-Preferred Brand (Tier 3)	\$187.50 copay	

*Once you have fulfilled your portion of the deductible, it is your responsibility to submit any claims that have deductible exposure to The Payflex / Inspira HRA for payment.



MEDICAL INSURANCE

Deductible and Out of Pocket Maximums reset every policy year, on October 1st.

Graham Windham employees enrolled in this plan will be responsible for the first 50% of the deductible \$1,250 (Individual)/ \$2,500 (Family), then Graham Windham will reimburse the second 50% of the deductible through the HRA.

Oxford Middle EPO (In-Network Benefits Only)	
	In Network
Annual Deductible* Individual / Family	\$2,500 / \$5,000
Annual Out-of-pocket Maximum Individual / Family	\$6,350 / \$12,700
Coinsurance	40%
Office Visit Copay PCP / Specialist	\$30 / \$50
Preventive Care / Well-women Care Routine Physical Exams / Immunizations (Adult and Child)	Covered in Full
Lab, X-Ray or Other Preventive Tests	Covered at 100%
Major Diagnostics CT, MRI, PET Scans and Nuclear Medicine Out Patient	Subject to Deductible & Coinsurance
Emergency Room	\$200 Copay
Hospital-Inpatient	Subject to Deductible & Coinsurance
Urgent Care Facility	\$50 copay
Mental Health Inpatient	Subject to Deductible & Coinsurance
Mental Health Outpatient	\$50 copay
Retail Prescription Benefits (31 Day Supply)	
Deductible Individual / Family	\$100 Per Member (Waived for Tier 1 medications)
Generic (Tier 1)	\$25
Preferred-Brand (Tier 2)	\$50
Non-Preferred Brand (Tier 3)	\$75
Mail Order Prescription Benefits (90 Day Supply)	
Generic (Tier 1)	\$62.50
Preferred Brand (Tier 2)	\$125
Non-Preferred Brand (Tier 3)	\$187.50

*Once you have fulfilled your portion of the deductible, it is your responsibility to submit any claims that have deductible exposure to The Payflex / Inspira HRA for payment.



MEDICAL INSURANCE

Deductible and Out of Pocket Maximums reset every policy year, on October 1st.

Members who enroll in the High Deductible Health Plan are offered the opportunity to set aside pre-tax funds into a Health Savings Account (HSA). The organization will be offering an annual contribution in the amount of \$750 (Employee Only) and \$1,500 (Family) for those employees who elect to enroll in the HDHP.

Oxford Base HDHP (In-Network Benefits Only)	
	In Network
Annual Deductible* Individual / Family	\$2,850 / \$5,700
Annual Out-of-pocket Maximum Individual / Family	\$4,000 / \$8,000
Coinsurance	10%
Office Visit Copay PCP / Specialist	Subject to Deductible & Coinsurance
Preventive Care / Well-women Care Routine Physical Exams / Immunizations (Adult and Child)	Covered in Full
Lab, X-Ray or Other Preventive Tests	Subject to Deductible & Coinsurance
Major Diagnostics CT, MRI, PET Scans and Nuclear Medicine Out Patient	
Emergency Room	
Hospital-Inpatient	
Urgent Care Facility	
Mental Health Inpatient	
Mental Health Outpatient	
Retail Prescription Benefits (31 Day Supply)	
Deductible Individual / Family	Subject to Medical Plan Deductible(Waived for Tier 1 medications)
Generic (Tier 1)	\$15
Preferred-Brand (Tier 2)	\$35
Non-Preferred Brand (Tier 3)	\$75
Mail Order Prescription Benefits (90 Day Supply)	
Generic (Tier 1)	\$37.50
Preferred Brand (Tier 2)	\$87.50
Non-Preferred Brand (Tier 3)	\$187.50



HEALTH SAVINGS ACCOUNT (HSA) OVERVIEW

A Health Savings Account (HSA) allows members to put money aside to pay for current and future qualified medical expenses using pre-tax dollars. An HSA allows dollars to “roll over” annually. In addition, your HSA provides a triple tax savings: contributions are pre-tax, balances grow tax free and all withdrawals for qualified expenses are tax free. Optum Health Bank is the administrator for the HSA.

Eligibility Requirements

- Must be enrolled in the High Deductible Health Plan (HDHP)
- Must not be enrolled in or entitled to Medicare, Tricare or VA benefits (in the past 3 months)
- Must not be covered by any other non-HDHP qualified medical insurance plans
- Spouse not contributing to/participating in a general-purpose FSA through his / her employer
- You must not be claimed as a dependent on another person's tax return

Maximum Pre-Tax Contributions to an HSA

For 2024:

- **Individual:** \$4,150 (minus any employer contributions)
- **Family:** \$8,300 (minus any employer contributions)
- If you are over the age of 55, you can contribute an additional \$1,000

Employer Contributions

- Once you enroll in the HDHP medical plan and open an HSA, Graham Windham will make an annual employer contribution to your account in the amount of \$750 for an individual and \$1,500 for a family.
- Graham will make the following contributions throughout the year: \$225 (Employee Only) / \$450 (Family) on December 31st. \$175 (Employee Only) / \$350 (Family) will be made on March 31st, June 30th and September 30th.

HSA Benefits

- HSAs may be used to pay for all eligible medical, dental and vision expenses.
- Any contributions made to an HSA roll over from year to year.
- Unlike the FSA, you never lose the money you contribute to your HSA account.
- The funds are yours and can be taken with you, regardless of your employer.
- Deposits into the account can be made through regular or lump-sum payroll contributions.
- Once your HSA balance reaches a certain threshold, you can invest any amounts in excess.
- Easy access to funds with an HSA debit card.

HOW TO OPEN AN (HSA) ACCOUNT

To start saving in an HSA, you must first enroll in the HDHP and open an HSA through Optum Bank. Remember that Graham Windham is contributing to your HSA, but you will first need to open the account to collect the employer contributions.

How to Enroll:

- Go to www.optumbank.com and click on the “Open An HSA” link in the top right corner. This will open a new window in your browser. Once you have read through the enrollment site information, click “Next” on the bottom of your screen.
- Complete all of the required Account Holder Information. Enter the group number where asked: 1276236
- In order to open an account, you will be required to complete the online application, agree to accept Optum Bank's terms and conditions and provide an electronic signature.
- Follow the directions to enroll and open an account. Be sure to have your HDHP information handy.
- An enrollment kit will be sent to you within 10 business days of the account opening.

New Account Holder Checklist

- ✓ Use this list to make sure you have taken all the first steps to opening and funding your HSA. If you have questions about aspects of managing your account, visit www.optumbank.com.
- ✓ Open your account.
- ✓ Record your account number and file it in a safe place.
- ✓ Register online at optumbank.com for online banking.
- ✓ Designate a beneficiary for your account. Log in to optumbank.com and select “Beneficiary Designation” from the “Forms and Information” section.
- ✓ Start saving so you can pay for, or be reimbursed for, qualified medical expenses.
- ✓ Activate your Optum Bank Health Savings Account Debit MasterCard.
- ✓ Review your privacy notice included in your welcome kit.
- ✓ Become familiar with qualified expenses.
- ✓ Review how to use optumbank.com to pay bills or be reimbursed for qualified expenses paid out-of-pocket.
- ✓ Save all receipts for qualified medical expenses.

A HEALTH REIMBURSEMENT ARRANGEMENT (HRA)

The Payflex / Inspira

What is a Health Reimbursement Arrangement (HRA)?

A Health Reimbursement Arrangement (HRA) is an IRS approved, tax-advantaged benefit that reimburses employees for certain in-network out-of-pocket medical expenses. This is paid for by Graham Windham and is meant to coordinate with the medical plan to provide payment to offset certain medical expenses. All members enrolled in the medical plan through Oxford are enrolled in the HRA program.

Graham Windham will reimburse members, through the HRA, for unreimbursed deductible and coinsurance expenses once each member pays the first 50% of the total deductible exposure. The amount you will be responsible for is as follows:

- Single: \$1,000 (High POS Plan) / \$1,250 (Middle EPO Plan)
- Family: \$2,000 (High POS Plan) / \$2,500 (Middle EPO Plan)

Once you have met the first 50% of the plan deductible, as noted above, you will be eligible to be reimbursed for the remainder of the deductible and coinsurance (to the coinsurance maximum) associated with the medical plan you choose. The details follow:

EPO Plan			
Medical Plan Benefit	Oxford In-Network Benefit	Graham Windham / Payflex / Inspira Reimburses	You Pay
PCP Office Visit	\$30	\$0	\$30
Specialist Visit	\$50	\$0	\$50
Emergency Room Copay	\$200	\$0	\$200
Individual Deductible (In-Network)	\$2,500	\$1,250	\$1,250
Family Deductible (In-Network)	\$5,000	\$2,500	\$2,500
Preventive Care	Covered in Full	\$0	\$0
Diagnostic Laboratory (at a participating location)	\$0	\$0	\$0
Prescription Drug Deductible (Per Member; Waived for Tier 1)	\$100	\$0	\$100 Per Member
Prescription Drug Copays	\$25 / \$50 / \$75	\$0	\$25 / \$50 / \$75

*For HRA reimbursements, please note that you do need to submit the EOB and provider invoice to Payflex / Inspira for reimbursement.



A HEALTH REIMBURSEMENT ARRANGEMENT (HRA)

PPO Plan				
Medical Plan Benefit	Oxford In-Network Benefit	Graham Windham / Payflex / Inspira Reimburses*	You Pay	Oxford Out-of-Network Benefit**
PCP Office Visit	\$30	\$0	\$30	Subject to Out-of-Network Deductible & Coinsurance
Specialist Visit	\$50	\$0	\$35	
Individual Deductible (In-Network)	\$2,000	\$1,000	\$1,000	
Family Deductible (In-Network)	\$4,000	\$2,000	\$2,000	\$8,000
Preventive Care	Covered in Full	\$0	\$0	Subject to Out-of-Network Deductible & Coinsurance
Diagnostic Laboratory (at a participating location)	Covered in Full	\$0	\$0	
Prescription Drug Deductible (Per Member; Waived for Tier 1)	\$100	\$0	\$100 Per Member	N/A (In-Network Benefit Only)
Prescription Drug Copays	\$25 / \$50 / \$75	\$0	\$25 / \$50 / \$75	

*For HRA reimbursements, please note that you do need to submit the EOB and provider invoice to Payflex / Inspira for reimbursement.

**Please note that if you choose to use Out-of-Network benefits, you are responsible for all Out of Network costs. The HRA does not reimburse for Out-of-Network expenses.

How do you receive the HRA reimbursement?

Once the claim has been adjudicated by Oxford, an Explanation of Benefits will be received in the mail. This document will highlight how much Oxford paid of the claim and what your responsibility, as the insured, is. In similar time, you should receive an invoice from your provider or facility.

Once both the EOB and the invoice from the provider have been received, you must submit both of those along with the HRA Reimbursement Form to the Payflex / Inspira. The Payflex / Inspira will then process your request and will pay any reimbursable charges directly to the facility / provider. You will be responsible for your portion (if applicable).



A HEALTH REIMBURSEMENT ARRANGEMENT (HRA)

How to submit a claim:

Once you have incurred a claim that is subject to the In-Network Deductible and/or coinsurance and Oxford has processed the claim, you will receive an Explanation of Benefits (EOB) from Oxford. You will also receive an invoice from the provider. In order to submit the claim to Payflex, follow the below steps.

Submit the EOB, Provider Invoice and the Payflex Reimbursement Form to Payflex. Claims can be submitted via mail, email or fax to:

Mail: The Payflex / Inspira
PO Box 8396
Omaha, NE 68108-0396

Fax: (855) 703-5305

Payflex will issue a check directly to you as the member for reimbursement.

Members have 90 days after the plan year ends (12/31/2024) to submit claims from the 2023/24 plan year, for reimbursement. After that date, no reimbursements for the prior plan year will be administered.

Please Note: *It is your responsibility to submit any deductible/coinsurance expenses to Payflex for reimbursement.*





What is the Health Insurance Incentive Waiver?

Graham Windham will provide a financial incentive to staff who waive or opt-out of their participation in the agency's health insurance plans because they have duplicate private health insurance through a spouse or other source, and therefore, do not need GW's health insurance coverage.

How much is the financial incentive and when is it paid?

The financial incentive is up to \$2,000 per fiscal year based on twelve months of non-participation in the agency's health insurance plans. It is payable in two installments each covering a six-month period. The January payment covers July-December and the July payment covers January-June. The payments will be pro-rated in cases where the waiver was in effect for less than the six-month period.

Do I have to pay tax on the money received for the financial waiver?

Yes, the money you receive for waiving your health insurance coverage is taxable. In addition, these monies will not be considered salary for purposes related to salary adjustments, pension contributions or other benefits.

Who is eligible to participate in the waiver program?

Staff who are currently enrolled in the medical plans of the health insurance policies provided directly by Graham Windham. While you can waive your insurance coverage at any time, you must have been enrolled in medical coverage for a minimum of twelve (12) consecutive months prior to the buy-out. Alternatively, newly-hired staff may waive their participation at the time of their initial enrollment in Graham Windham's health benefits.

Who is not eligible to participate in the waiver program?

Staff whose health insurance is provided by 1199 SEIU are not eligible to participate in the waiver program. Other exclusions may apply on a case-by-case basis.

Will I be required to pay an employee contribution to Graham Windham if I opt-out of the insurance coverage?

No, once your health insurance coverage ends with Graham Windham, you will no longer be required to pay the biweekly employee contribution.

Will I be able to re-enroll in the agency's health insurance if I opt-out of GW's health insurance coverage and then my spouse loses or changes jobs and our health coverage ends?

Yes, you can re-enroll in Graham Windham's health insurance policies within thirty (30) days of a "qualifying event", such as the termination of health insurance through job loss, a new job, or divorce. The insurance companies will require proof of the termination of the alternate health plan.

When can I re-enroll in GW's health insurance if I change my mind about the waiver program?

The only time during the year that you can enroll in GW's health insurance plans is during the annual open enrollment period which takes place in September for an effective date of October 1st. Enrollments at any other time of the year are subject to the regulations regarding "qualifying events" or at the discretion of the insurance company.

How do I enroll in the Health Insurance Waiver Program?

Complete the Health Insurance Incentive Waiver Enrollment Application and submit documentation of alternate insurance coverage. Eligible forms of documentation include a letter from your spouse's employer or insurance company, copy of insurance card or Certificate of Insurance.

Who do I contact for more information?

Contact the following staff in the Human Resources Department:

Mildred Powers

(212) 529-6445, Ext. 2311

powersm@graham-windham.org

DENTAL INSURANCE

Good dental health is important to your overall wellbeing. At the same time, we all need different levels of dental treatment. It is for this reason that Graham Windham is offering eligible employees a comprehensive dental plan through United Healthcare (UHC).

UHC PPO Plan

The UHC Dental PPO Plan offers a balance of savings and choice. This plan gives participants the freedom to receive care from participating UHC providers or to visit any dentist of their choice outside of the network. The UHC Dental PPO Plan puts into action two strengths:

- 1) Managing a network that focuses on patient satisfaction and savings and
- 2) Fast, accurate claims processing

UHC DMO Plan

The UHC Dental DMO Plan only offers In-Network Benefits only. Please note the dental plan deductible and policy year maximum run on a policy year basis and reset every October 1.



Plan Details	PPO Plan		DMO Plan
	In-Network	Out-of-Network	In-Network Benefits Only
Annual Deductible (Single / Family)	\$50 / \$150		None
Policy year Maximum	\$2,000		None
Class I Preventative & Diagnostic	100%, no deductible		100%
Class II Basic Restorative Care	80% after deductible	80% after deductible	100%
Class III Major Restorative Care	50% after deductible	50% after deductible	50%
Class IV Orthodontia	\$50 deductible \$1,000 lifetime maximum	\$50 deductible \$1,000 lifetime maximum	50%



Participation in United Healthcare Vision is also available to all eligible associates. United Healthcare offers vision benefits through a large national network of providers. You can select to use a UHC participating provider or select an out of network facility.

Benefit	Frequency (based on your last date of service)	Frequency (based on your last date of service)	Out-of-Network Provider
Exam	12 months	\$10	Reimbursed up to \$40
Lenses	12 months	Covered in full after copay	Reimbursed up to \$40 / single vision Reimbursed up to \$60 / bifocal Reimbursed up to \$80 / trifocal & standard lenticular
Frames	24 months	Up to \$130 retail allowance	Reimbursed up to \$45
Eye Exam		Covered in full after copay	Reimbursed up to \$40
Contact Lenses (necessary)		Covered in full after copay	Reimbursed up to \$210
Elective Contact Lenses		Up to \$105 (copay does not apply)	Reimbursed up to \$105



EMPLOYEE CONTRIBUTIONS

Oxford Health Plans						
Salary Bracket	POS High Plan		EPO Middle Plan		HDHP Low Plan	
	Bi-Weekly Contribution		Bi-Weekly Contribution		Bi-Weekly Contribution	
< \$35,000						
	Employee Only	\$96.39		\$24.84		\$9.95
	Family	\$248.55		\$74.47		\$25.98
\$35,001 - \$44,999						
	Employee Only	\$99.90		\$29.73		\$15.91
	Family	\$257.23		\$87.13		\$41.57
\$45,000 - \$69,999						
	Employee Only	\$128.38		\$49.38		\$33.83
	Family	\$316.02		\$130.79		\$83.13
\$70,000 - \$89,999						
	Employee Only	\$150.96		\$72.63		\$59.69
	Family	\$388.29		\$198.67		\$155.86
\$90,000 - \$119,999						
	Employee Only	\$158.39		\$87.74		\$79.60
	Family	\$436.47		\$246.20		\$207.81
\$120,000 - \$145,000						
	Employee Only	\$166.31		\$102.99		\$99.49
	Family	\$458.29		\$286.40		\$259.77
> \$145,000						
	Employee Only	\$183.67		\$130.77		\$125.20
	Family	\$491.73		\$353.45		\$359.98

United HealthCare: Dental				
	Total Premium Rates	Employer Portion	EE Contribution - Monthly	EE Contribution - Bi-Weekly
Employee Only	\$27.74	\$22.32	\$5.42	\$2.50
Employee Only + 1	\$52.09	\$39.09	\$13.00	\$6.00
Family	\$80.16	\$62.83	\$17.33	\$8.00

United Healthcare: Vision		
	Total Premium Rates	EE Contribution
Employee Only	\$5.18	\$5.18
Employee + Sp	\$9.55	\$9.55
Employee + Child(ren)	\$10.00	\$10.00
Family	\$14.97	\$14.97

BASIC TERM LIFE INSURANCE AND AD&D (ACCIDENTAL DEATH & DISMEMBERMENT)

No one likes to think about illness and not being able to provide for their family in the same manner that they do today. That includes day-to-day expenses as well as future goals like a college education. But sometimes death or disability does happen, and you'll want to ensure your family's lives and dreams can move forward – even if the worst happens. Please remember to input your beneficiary information for all life and accidental death and dismemberment (AD&D) insurance coverage areas into ADP. You are able to update your beneficiary information at any time throughout the year.

Basic Life Insurance

Graham Windham provides eligible employees with Basic Term Life Insurance at no cost to you. This coverage is equal to one and a half times your salary with a maximum coverage of \$300,000. This benefit is available to all non-union full-time and part-time staff working 21 hours or more a week. Additionally, benefits for accidental death or dismemberment will be paid up to \$300,000. Premiums are paid entirely by Graham Windham; coverage is provided at no cost to you.

Basic Life	1.5x your salary, up to a maximum coverage of \$300,000
Basic Accidental Death and Dismemberment	Matches Basic Life coverage
For your spouse	Not eligible
For your child(ren)	Not eligible



VOLUNTARY TERM LIFE INSURANCE

This benefit is available to a full-time and part-time staff working 21 hours or more a week. Provided through Prudential and offered on a voluntary basis; you are responsible for the full cost of this coverage. You may elect up to 7 times your annual earning up to a maximum of \$500,000, coverage terminates at age 65.

Voluntary Spousal Life is available for 50% of employee coverage to a maximum of \$100,000. Voluntary Child Life [for children age 14 days to 19 years; 25 is full time student] is available in increments of \$1,000 up to a max of \$10,000. Coverage limits are based on age of child.



Graham Windham offers both a short term and long term disability benefit through Prudential. This benefit provides an income in the event you become disabled due to an injury or illness that is not work-related.

Voluntary Short Term Disability Benefit Highlights

Consider what would happen financially if you became disabled and could no longer work due to an injury or illness. It's likely that it would be a financial challenge to replace enough income to meet your monthly expenses. That's why Graham Windham provides Voluntary Short-Term Disability (STD) benefits to eligible employees who are absent from work due to substantiated disabilities.

STD Coverage Type	STD Benefits
Short-Term Disability (STD)	• Available to all full-time and part-time staff working 21 hours or more a week • Offered on a voluntary basis; you are responsible for the full cost of this coverage • STD benefits is calculated at 60% of your pre-disability earnings to a maximum weekly benefit of \$1,500 with a 25-week maximum period of payment • There is a 15 day elimination period for accident or sickness

Voluntary Long Term Disability Benefit Highlights

With Voluntary Long Term Disability (LTD) coverage provided by Graham Windham, you can receive a benefit equal to 60% of your monthly salary in the event you are unable to work due to a non-work-related injury or illness. With LTD there is a 180-day elimination period. Graham Windham's LTD coverage has a monthly maximum benefit of \$7,500.

LTD Coverage Type	LTD Benefits
Long-Term Disability (LTD)	• Available to all full-time and part-time staff working 30 hours or more a week • Offered on a voluntary basis; you are responsible for the full cost of this coverage • 180 day elimination period • LTD benefit is calculated at 60% of your monthly pre-disability earnings up to a maximum of \$7,500 monthly



VOLUNTARY BENEFITS

As a Graham Windham employee you have access to additional voluntary benefits such as Accident, Critical Illness and Hospital Indemnity Insurance, ARAG Legal Plan, Identity Theft Protection and Auto and Home Insurance. Employees are responsible for 100% of voluntary premiums.

Guardian Products (all Guardian products are being deducted Pre-Tax, so they can only cancel coverage during annual open enrollment or with a QLE):

- Accident – Accident insurance provides cash benefits to employees or covered dependents who have been injured in a covered accident.
- Critical Illness/Specified Disease – Specified Disease insurance provides a lump sum benefit paid upon the first diagnosis of a covered specified disease.
- Hospital Indemnity - Hospital Indemnity Insurance provides a cash benefit when an employee or covered dependent is admitted to the hospital due to sickness or injury.
 - Employees over the age of 69 are not eligible to enroll in Hospital Indemnity coverage

ARAG Legal Plan

- Legal plans provide the following core services: Phone advice, Office consultation, Document review and preparation, and Courtroom and/or trial representation as needed for covered matters.
 - Services listed are covered and/or paid in full only when working with an in-network attorney.

Allstate Identity Protection (InfoArmor)

- Identity Theft Protection provides security for Personally Identifiable Information (PII) by monitoring multiple data points and financial transactions across various online networks including the dark web and black market website.



An Accidental Injury Can Seriously Cost You

Protect yourself from unexpected medical costs

If you and your family are active, chances are, you're no stranger to a hospital emergency room. Even with medical insurance, a fall while bicycle riding or your child's sprained ankle at soccer practice can cost you a bundle in out-of-pocket expenses. Are you financially prepared for all of the medical and non-medical costs of treatment and recovery from a serious injury?

Financial support to get you back on your feet

- No matter what kind of medical coverage you have, you will have out-of-pocket costs that could really set you back financially
- Guardian® pays you cash benefits based on covered injuries, treatments and services
- Payments go directly to you, and you can pay for other expenses, like traveling to the hospital, childcare and lost income from missed work
- "Child Organized Sport" benefit pays you an extra 20% cash benefit for each accident when the dependent child is injured while playing an organized sport¹

Here is an example of how Accident Insurance works²

While Sue was hiking in a local park, she fell and tore cartilage in her knee. She went to the hospital emergency room for treatment and stayed overnight. The doctor gave her a brace and scheduled her for a follow up visit. See how Accident Insurance offset Sue's expenses:

Ambulance	\$100	Knee Brace	\$100
Hospital Admission	\$750	X-Ray	\$20
Emergency Room Visit	\$150	Knee Cartilage Tear	\$500
Hospital Confinement (1 Day)	\$165	6 Follow-Up Visits	\$150
Medical Resonance Imaging (MRI)	\$100		

Total cash benefit paid for covered services: \$2,035

Accident Insurance with Guardian is easy

- No health questions to answer and convenient payroll deductions
- Protects your savings when the unexpected occurs
- Take the coverage with you if you change jobs or retire

Learn more about Accident Insurance at guardiananytime.com



Accidents happen. How financially prepared are you?

Over 40 million Americans received emergency room treatment for an accidental injury³

63% of Americans with medical insurance used all their savings for out-of-pocket medical costs⁴

The average cost of an emergency room visit for people between the ages of 45-64 is \$2,176⁵

The Guardian Life Insurance Company of America
New York, NY

guardiananytime.com

¹ The child must be insured by the plan on the date the accident occurred. The child must be 18 years of age or younger. ² For illustrative purposes only. See your plan for specific coverage amounts and details. ³ CDC Centers for Disease Control and Prevention, <http://www.cdc.gov/nchs/fastats/hospital.htm>, 2015. ⁴ Kaiser Family Foundation and the Health Research & Educational Trust, 2015. ⁵ 2014 Medical Expenditure Panel Survey, Consumer Health Ratings. com. https://www.huffingtonpost.com/simple-thrifty-living/top-10-reasons-people-go-_b_6887642.html. Guardian's Accident Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides Accident insurance only. It does not provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services. Important Notice – This Policy Does Not Provide Coverage For Sickness. Policy Form GP-1-AC-BEN-12, et al. GP-1-ACC-16-NM, GP-1-LAH-12R-OR, GC-ACC-12-OR. Guardian® and the Guardian G® logo are registered service marks of The Guardian Life Insurance Company of America®

2018-54163 (02-20)



Protect Your Savings From Life's Unexpected Moments

Because medical insurance doesn't cover everything

Health care costs are on the rise. Even with medical insurance, you're often still responsible for both medical and non-medical expenses related to your recovery from a serious illness. The cost you pay for co-pays and deductibles, as well as other expenses such as child care, transportation to the doctor and loss of income when you are unable to work, could really set you back financially. Are you prepared to manage these expenses if you or a family member were diagnosed with a serious illness?

Helps protect your savings

- Guardian® Specified Disease Insurance supplements your medical plan — no matter what type of coverage you have
- The plan pays you cash benefits based on each eligible diagnosis such as a heart attack, stroke or cancer
- Also pays a benefit for covered illnesses, as well as offering benefits for a reoccurring condition*
- The cash benefits are paid directly to you, so you decide how to use them

Here is how Guardian Specified Disease Insurance works**

Bob suffers a heart attack and receives a cash payment of \$10,000 from his Specified Disease plan. Four years later he has a stroke and receives an additional payment of \$10,000 from his plan. During both of these illnesses, his plan provided the financial support to cover a variety of expenses, such as mortgage and car payments, while he recovered.

Condition	Formula	Benefit
Heart Attack	100% of covered benefit X \$10,000	\$10,000
Stroke	100% of covered benefit X \$10,000	\$10,000
Total Cash Benefit Paid: \$20,000		

Specified Disease Insurance with Guardian is easy

- Convenient payroll deduction
- Take the coverage with you if you change jobs or retire
- Protects your savings and gives you peace of mind when the unexpected occurs



A serious illness impacts you and your family

Every minute of every day, an American becomes seriously ill¹

Medical expenses account for approximately 62% of personal bankruptcies in the US²

72% of people who filed bankruptcy due to medical expenses had some type of medical insurance²

Learn more about Specified Disease Insurance at guardiananytime.com

The Guardian Life Insurance Company of America
New York, NY
guardiananytime.com

*See your plan for specific coverage amounts and details. **For illustrative purposes only.

¹ Centers for Disease Control and Prevention, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) Nonfatal Injury Data. (2015).

² Harvard University Study, Huffingtonpost.com, 05/2015 https://www.huffingtonpost.com/simple-thrifty-living/top-10-reasonspeople-go-_b_6887642.html. Guardian's Specified Disease Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides limited benefits health insurance only. It does not provide basic hospital, basic medical or major medical insurance as defined by the New York State Department of Financial Services. Policy Form No. GC-CI-14-NY.



A Trip to the Hospital Can Hurt Your Wallet

Support when you need it most

If you become seriously ill or injured, it's likely you will have a hospital stay. It may be a little scary, as well as expensive. While medical insurance may cover the hospital bills, there will also be non-medical expenses such as transportation to medical treatment or additional child care which could be considerable. If you became hospitalized, could you manage all of these expenses from your savings?

Guardian® helps protect you and your family from unexpected expenses

- Guardian Hospital Indemnity Insurance supplements your medical plan — no matter what type of other coverage you have
- You receive cash benefits based on your covered sickness or injury, treatments and services
- The cash benefits are paid directly to you and can be used for any purpose — from covering medical copays and deductibles to paying for everyday expenses such as the mortgage, groceries and utilities, you decide how to use them

How Guardian Hospital Indemnity Insurance works*

Jane became ill and was admitted to the hospital. She had emergency surgery and was there for two days while recovering. Her Hospital Indemnity Insurance paid her a \$500 cash benefit which helped offset her hospital expense.

Hospital Admission	\$500
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Total cash benefit paid: \$500

Hospital Indemnity Insurance with Guardian is easy

- No health or medical questions to answer
- No deductibles, copays or coinsurance requirements
- Convenient payroll deduction
- Take the coverage with you if you change jobs or retire



Are you financially prepared?

There are over 36 million hospital stays in the US per year¹

The average cost for a 3 day hospital stay is \$30,000²

63% of Americans with medical insurance used all their savings for out-of-pocket medical costs³

Learn more about Hospital Indemnity Insurance at guardiananytime.com

The Guardian Life Insurance Company of America
New York, NY
guardiananytime.com

*All scenarios and names mentioned herein are purely fictional and are for illustrative purposes only, circumstances may vary. See your plan for specific coverage amounts and details. ¹Agency for Healthcare Research and Quality, Healthcare Cost and Utilization Project, <http://www.hcup-us.ahrq.gov/reports/statbriefs/sb180-Hospitalizations-United-States-2012.pdf>, October, 2014. ²Protection from high medical costs, 2016, <https://www.healthcare.gov/why-coverage-is-important/protection-from-high-medical-costs/>. ³Kaiser Family Foundation and the Health Research & Educational Trust, 2015. Guardian Hospital Indemnity Insurance is underwritten by The Guardian Life Insurance Company of America, New York, NY and will not be effective until approved by a Guardian underwriter. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides limited hospital insurance only. It does not provide basic medical or major medical insurance as defined by the New York State Department of Financial Services. Policy Form No. GP-1-HI-15, GP-1-HI-15-NM, GP-1-LAH-12R-OR, GC-HI-15-OR, GP-1-HI-15-WA.

2018-54167 (02-20)



Legal Insurance from ARAG



What does legal insurance cover?

An UltimateAdvisor legal insurance plan from ARAG® **covers a wide range of legal needs** like the examples shown below — and many more — to help you address life's legal situations.

Consumer Protection

- ✓ Auto repair
- ✓ Buy or sell a car
- ✓ Consumer fraud
- ✓ Consumer protection for goods or services
- ✓ Home improvement
- ✓ Personal property disputes
- ✓ Small claims court

Criminal Matters

- ✓ Juvenile
- ✓ Parental responsibility

Debt-Related Matters

- ✓ Debt collection
- ✓ Garnishments
- ✓ Personal bankruptcy
- ✓ Student loan debt

Driving Matters

- ✓ License suspension/revocation
- ✓ Traffic tickets

Tax Issues

- ✓ IRS tax audit
- ✓ IRS tax collection

Family

- ✓ Adoption
- ✓ Guardianship/conservatorship
- ✓ Name change
- ✓ Pet-related matters
- ✓ Divorce

Landlord/Tenant Issues

- ✓ Contracts/lease agreements
- ✓ Eviction
- ✓ Security deposit
- ✓ Disputes with a landlord

Real Estate & Home Ownership

- ✓ Buying a home
- ✓ Deeds
- ✓ Foreclosure
- ✓ Contractor issues
- ✓ Neighbor disputes
- ✓ Promissory notes
- ✓ Real estate disputes
- ✓ Selling a home

Wills & Estate Planning

- ✓ Powers of attorney
- ✓ Trusts
- ✓ Wills

What does it cost?

UltimateAdvisor®
\$23.00 monthly



What is legal insurance?

Legal coverage isn't just for the serious issues, it's for your everyday needs, too. Legal insurance helps you address common situations like creating wills, transferring property, or buying a home.



More details, please! See the complete list of what your plan covers at:

ARAGlegal.com/myinfo Access Code: **18620gw**

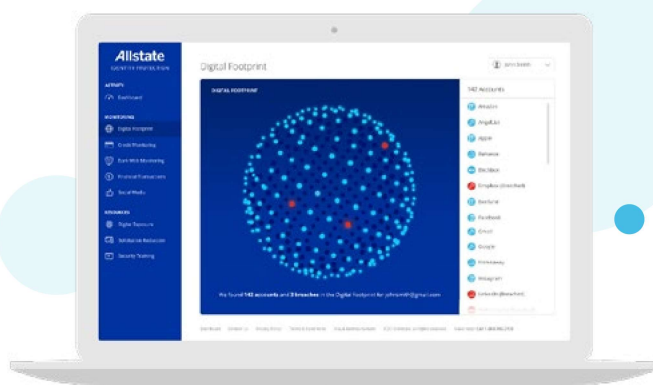
Let's Talk! Call ARAG at 800-247-4184



Identity protection that keeps up with your digital life

Your identity is made up of more than your Social Security number and credit score. That's why we do more than monitor your credit reports. We help you look after your online activity, from financial transactions to what you share on social media — so you can protect the trail of data you leave behind.

Introducing our next evolution in identity protection. For over 85 years, we've been protecting what matters most. Now we're providing protection from a wide range of identity threats, so you can keep loving what technology adds to your life.



Sign up during open enrollment

Questions? 1.800.789.2720

Plans and pricing

Allstate Identity Protection Pro Plus

\$9.95 per person / month

\$17.95 per family / month

- ✓ **See your personal data**
- ✓ **Manage it with real time alerts**
- ✓ **Protect your identity and finances from fraud***

Thrift Savings Plan

You can contribute any percentage of your salary provided that you do not contribute more than the maximum permitted by law. The maximum contribution permitted by the Internal Revenue Code is \$23,000 for 2024. Additionally, if you have attained age 50, you are eligible to make an additional catch-up contribution of \$7,500 in 2024. As a savings incentive, Graham Windham will make a matching contribution on your behalf equal to the lesser of 50% of the salary reduction amount you are contributing during the policy year or 1% of your Compensation received during the policy year. If you are a full-time or part-time employee but are not yet eligible for the pension plan, and would like to enroll in the Thrift Plan, you may do so; however you will only qualify for the Graham Windham matching contribution when you have met all of the pension plan eligibility requirements. The investment options in this plan are identical to those for the pension plan.

Vesting Cycle:

- 20% vested after two years of employment
- 60% vested after three years of employment
- 80% vested after four years of employment
- 100% vested after five years of employment

MUTUAL OF AMERICA
Your Retirement Company®

Pension Plan

Graham Windham provides, at no cost to you, a Defined Contribution Pension Plan (401A) for all non-union full-time, part-time and seasonal employees who work at least 1,000 hours per year. Mutual of America offers 36 investment vehicles to provide for high diversification and flexibility. Upon your retirement, you may purchase an annuity to ensure a lifetime monthly income, withdraw the entire accumulation in a lump sum or choose a pay-out option. For specific questions regarding your account with Mutual of America, please email nyc@mutualofamerica.com or call (212) 587-9045.

Employee Contribution	None
Graham Windham Contribution	Amount equal to 5.75% of compensation
Vesting Cycle	20% vested after two years of employment 60% vested after three years of employment 80% vested after four years of employment 100% vested after five years of employment
Investment Options	36 investment options available: stocks, bonds, money market, balanced, global, etc.
Eligibility Requirements	• 21 years of age • Full time employment (part-time and seasonal must work at least 1,000 hours in a policy year to become eligible) • One year waiting period (may be waived if you have completed one year on non-profit work experience within the past three years)
Date Eligible	First day of the month after meeting the eligibility requirement

Direct Deposit

You may have some or all of your paycheck directly deposited into your already established checking, savings, or money market account in the bank or credit union to which you belong. This “wire transfer” system is safe and convenient, and it may save you important time each day.

Credit Union—Municipal Credit Union

You are eligible for membership in the Municipal Credit Union, one of the oldest and largest credit unions in the United States. You may open an account at any time during your employment.

Joining MCU is Easy

- Applying Online: go to www.nymcu.org to apply OR
- Apply in Person: visit one of the MCU branches during their operating hours and bring the following:
 - 1) Your Graham ID
 - 2) Federal and/or State Issued ID
 - 3) Proof of Address Bearing your Name (e.g. utility bill, credit card bill) dated within the last 30 days
- Apply by Phone: Call 1-866-JOIN-MCU

The following is a brief list of additional products and services:

- Checking/Savings Accounts
- Money Market Accounts
- CDs
- IRAs
- Online Banking
- Vacation clubs
- Auto Loans
- Credit Cards
- Mortgages
- Personal Loans
- Convenient ATMs

ADDITIONAL BENEFITS

Commuter Benefit Plan (CBP)

Through Graham Windham we offer a Commuter Benefit Plan (CBP) through third party administrator Benefit Resource, Inc. (BRI). This is a tax free account for workplace commuting expenses (including mass transit and parking expenses / excluding taxis, tolls and fuel). You can elect to contribute up to \$315 per month for mass transit expenses and up to \$315 per month for parking expenses. BRI will issue employees a Beniversal Card which will store your payroll deductible mass transit funds.

To claim reimbursement for a parking or vanpool expense, you can log onto benefitresource.com and submit your claims online. You may also send your claim by fax or regular mail. At this time, receipts for FSA parking expenses are not required to be submitted to BRI for Parking Reimbursement claims only.

At this time, Mass Transit Commuter Expense Reimbursements can not be transferred to another account. If you would like to pay with your Mass Transit expenses with your CBP funds, you must use the BRI eTRAC MasterCard.

To make any changes to your CBP Account, please contact Mildred Powers (powersm@graham-windham.com).

You do not need to elect this benefit during Open Enrollment. You can participate in the Commuter Benefit Plan by enrolling with Graham Windham at any time.

The screenshot shows the top navigation bar of the Benefit Resource, Inc. website. The navigation bar includes links for Home, Blog, Forms, Español, and Contact. A search bar is located on the right, and a Login button is visible. Below the navigation bar, a large banner features a woman smiling with her arms raised. The text on the banner reads: "Pre-tax benefits provide you the power to save! You may be able to save on the things you pay for anyways, such as: eligible medical expenses, child care services, mass transit or parking. See your employer to determine which plans are offered." A blue button labeled "Calculate Your Savings" is positioned at the bottom left of the banner.



The screenshot shows the BRI Web Participant Login page. The page features the BRI Web logo and the text "by Benefit Resource, Inc.". Below the logo, there is a "Participant Login" section with fields for "Company Code" (pre-filled with "graham"), "Login ID", and "Password". A "Log In" button is located below the password field. To the right of the login fields, there is a list of online tools: "Notifications: Opt-in for real-time account alerts", "Profile: Select a custom Login ID", "Claims: Submit claims online", and "Beniversal Followup: Quickly resolve requests to verify card transactions". A woman holding a tablet is visible in the background of the login section.

FLEXIBLE SPENDING ACCOUNTS

Dependent Care FSAs

A Dependent Care FSA can be used to reimburse dependent care expenses for a qualified person that enable you to be gainfully employed and, if married, enable your spouse to be gainfully employed, look for work or attend school full-time. The qualified person must spend at least 8 hours per day in your home and is one of the following:

- A dependent child under the age of 13 and for whom you can claim a tax exemption
- A spouse or dependent who is physically or mentally incapable of self-care, has the same principal place of abode as you for more than half of the year, and for whom you can claim an exemption

Once enrolled, you may access your FSA via the BRI website provides access 24/7 for account activity, forms, plan documentation and much more. You can access the website at www.BenefitResource.com and log in as follows:

Company Code: graham

Login ID: Default Login ID (typically the Social Security Number (SSN) or Employee ID) is selected and provided by Graham. You may change this upon initial login.

Password: Default Password is set to your 5-digit home zip code. You will be prompted to change this password upon initial login.

You may elect to defer up to \$5,000 of your salary into a dependent care FSA per household. If you are a highly compensated employee (HCE), defined by the IRS as an employee with annual compensation greater than \$142,800, your election will be capped at \$3,600 and may be reduced during the year, if necessary, to ensure that the plan passes required discrimination testing. The amount available for reimbursement for dependent care expenses is limited to the cash balance in your Dependent Care FSA. Elections cannot be changed during the year unless you have a “qualified change in family status.”

Please note that for expenses to qualify for reimbursement, both you and your spouse (if applicable) must be working, looking for work or attending school full-time during the period for which you are requesting reimbursement.



BENEFITS CONCIERGE

As an employee participating in Graham Windham's Benefit Plans, you have access to NFP's Benefit Concierge Team. They provide a one-stop contact center for answering your benefit plan questions and help resolve benefit claim issues.

Answers At Your Fingertips!

Your dedicated Benefits Concierge representatives are here to assist with regard to all the benefits your company provides. For example: medical, dental, vision, life, disability and COBRA.

Areas We Can Help

- Benefits Questions
- ID Card Issues
- Bills/Claims Resolutions
- Prescription Network Questions
- And Much More!

Contact Us

For personal service that is confidential and responsive, call 877-835-1361 or email DBbenadmin@nfp.com. Business Hours: 9 a.m.—5 p.m. Eastern Time.





Important news about your benefits!

➔ Starting June 1, 2023, your disability and leave benefits will be administered by Prudential.

- Absence Management (FMLA)
- Short Term Disability
- Long Term Disability
- NY DBL
- NY PFL

There are 3 easy ways to report an absence or disability claim.

- 1 Call **877-367-7781**, M-F, 8 a.m. to 8 p.m. ET. You can speak to one of our service professionals or follow the prompts to record your absence or disability information.
- 2 Submit your claim at www.prudential.com/mybenefits.
 - Login or create your account:
 - Company Name: **Graham Windham**
 - Control Number: **12831**
 - Click “File a Claim/Report an Absence.”
 - Input your information and download any additional forms.
- 3 Scan the code and submit a claim right from your mobile device



ADDITIONAL BENEFITS

Graham Windham is proud to offer several additional benefits at no cost to you. The following benefits are in place to help make your life easier and less stressful.

Employee Assistance Program (EAP)

Your Employee Assistance Program (EAP) is offered through GuidanceResources. Employee assistance services are designed to help with the pressures of everyday life. At no cost to you, the EAP provides an opportunity to talk with counselors face-to-face or by telephone about personal concerns such as stress, anxiety, depression, couples' issues, and substance use or abuse 24 hours a day, seven days a week. The EAP also offers free confidential telephone consultation and referral services for career issues, child care, elder care, legal, financial, fitness and nutritional concerns. When a legal issue arises, our attorneys are available to provide confidential support. If you require representations, you can also be referred to a qualified attorney in your area for a free 30-minute consultation with a 25% reduction in customary legal fees thereafter.

Note: The EAP is strictly confidential. Because of privacy laws, Graham Windham does not have access to information about who uses the EAP.

- **Call:** 800-311-4327
- **TDD:** 800-697-0353
- **Website:** guidanceresources.com
- **Web ID:** GEN311

If you need help using GuidanceResources Online, email: memberservices@compsych.com.

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GuidanceResources® Worldwide

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GuidanceResources Online is an award-winning, comprehensive, interactive service that provides expert content and unique tools to assist you in every aspect of your life, all in a secure, easy-to-use, personalized environment.

DAVEY AWARDS
SILVER AWARD WINNER









LOGIN REGISTER

Help

User Name

Password

☐ Remember Me?

Login

[I forgot my username](#)

[I forgot my password](#)

| Introducing Bravely—free, confidential coaching



What is Bravely?

You can use Bravely to connect with a “Coach” for free and **confidential coaching** about anything that is going on at work. You can have unlimited sessions with a Bravely Coach.



How do you schedule a session?

You’ll receive an activation email from Bravely! You can click the link there, or head app.workbravely.com and create your account. (It takes less than 60 seconds.) You can **schedule your Bravely session for any time that’s convenient**—before work, after work, during the day, or on the weekend. We offer both voice and video sessions depending on your preference!



What should you talk about?

Anything that’s on your mind at work. Bravely can help you navigate **stress and change**, prepare for an upcoming **performance review**, work through a **conflict with your coworker** or manager, develop strategies for **meeting your quotas**.



Who are Bravely’s Coaches?

They’re professional coaches and HR experts with **years of experience** across organizations and industries. When you book a session, you’ll connect with the Coach that’s right for you.



What else should you expect?

Your coaching session will start with you sharing and your Coach asking some questions. Then, together, you will identify and **evaluate your options** and find **an actionable plan** to move forward.



When do you use Bravely?

Anytime you want! Bravely Coaches are **unbiased** and keep what you say **confidential**. Your Coach can help you **clarify your thinking**, put together a **strategy** and **develop the confidence** you need to move forward.

ADDITIONAL BENEFITS

InsurChoice

- InsurChoice is a one-of-a-kind auto and home insurance program with multiple insurance discounts, to give access to different products and policies. The program shops auto and home insurance across more than 20 of the top-rated insurance carriers so participants can get the best rates.
 - **Start your savings at the link below:** <https://www.agentinsure.com/compare/auto-insurance-home-insurance/nfp/quote.aspx?refid=GrahamWindham>



All-around protection for what matters most to you — spanning the entire breadth of NFP’s focused expertise.

Key benefits include:

- **Competitive pricing:** One size doesn’t fit all, so you can match yourself with the best rates and coverages from multiple insurance companies.
- **Custom-tailored coverage:** Select the products that meet YOUR needs & YOUR schedule.
- **Stability:** We have relationships with key national carriers who have a proven track record of rate and coverage stability.
- **Innovation:** With our innovative digital product platform we are constantly striving to add more benefits and improve your experience.

For more information, visit [here](#)
Or email us at InsurChoice@nfp.com



Your Personalized Solutions
are a scan away!



Scan Here to start \$aving Today!

Save an extra \$10*
Promo code: welcometen

*Valid on purchases of \$100 or more, through 9/30/19.



Build Lasting Memories with Family and Friends

What is Working Advantage?

Having fun, getting away, and saving money are important for your well-being.

This cost-free benefit provides you access to thousands of exclusive travel and entertainment discounts, so you can make the most of your time away from work.

How Do I Become a Member?

- Visit workingadvantage.com and click *Become a Member*.
- Use your company code or work email to create an account.

Not by a computer? Use your phone camera or QR scanning app to access the site:

Company Code

259161666



Movie Buffs – Travel Bugs – Thrill Seekers – Entertainment Enthusiasts – Sports Fanatics
There's something for everyone with savings on:

Hotels
Theme Parks
Concerts
Sporting Events
Movie Tickets



Rental Cars
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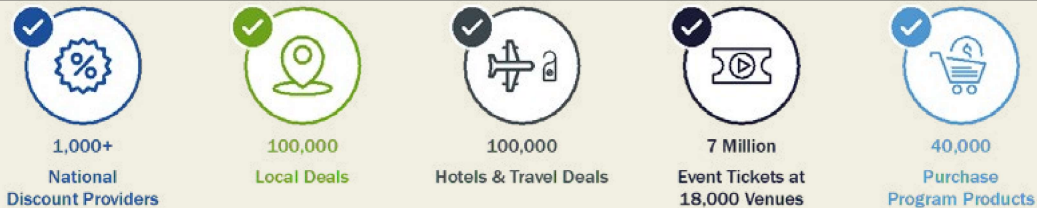
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Affordable Care Act (ACA) - Frequently Asked Questions

Employees Eligible for the Company-Sponsored Medical Plan

Q. What is the Affordable Care Act?

A. The Patient Protection and Affordable Care Act, commonly called the Affordable Care Act (ACA) is a United States federal statute signed into law by President Obama in March 2010.

The ACA includes subsidies, health insurance exchanges, and mandates, including an individual mandate that, with certain exceptions, requires all individuals beginning January 1, 2014 to have health insurance or pay a penalty. The law includes subsidies to help individuals with low incomes comply with the mandate. Coverage through the health insurance exchange is guaranteed; even if you have a pre-existing medical condition, your cost for coverage will be the same as all other applicants of the same age living in the same geographic location.

Q. Who is required to have health insurance?

A. Beginning January 1, 2014, all Americans – with some exceptions – are required to have medical insurance coverage or incur a penalty. Qualified health insurance plans that meet the ACA requirements may include:

- Government-sponsored plans, such as:
 - Medicare or Medicaid
 - Children's Health Insurance Program (CHIP)
 - TRICARE
 - Veterans health care programs
- Employer-based or sponsored health care plans- the Transamerica Limited Benefit Hospital Indemnity Insurance is NOT considered qualified health insurance
- Individual private coverage

Q. Will the Company continue to offer medical coverage in 2023?

A. Yes, we will continue to offer medical coverage to eligible employees and their eligible family members in 2023.

Q. What is the health insurance exchange?

A. The health insurance exchange, sometimes called the Exchange or Marketplace, is a resource where individuals can learn about private health coverage options, compare private health insurance plans, and enroll in private health insurance coverage. The health insurance exchange also provides information on programs that help individuals with low to moderate incomes, and resources to pay for private health insurance coverage.

You can get help online at www.healthcare.gov, or call 1-800-318-2596, 24 hours a day, 7 days a week.



REQUIRED NOTICES

Newborns' and Mothers' Health Protection Act

Under federal law, health care plans may not restrict any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a normal delivery, or less than 96 hours following a Cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother and with the mother's consent, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable).

Continued Coverage Under COBRA

Under the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA), you and your covered dependents may be able to continue your medical and dental coverage if you lose your health care coverage as the result of certain qualifying events. Contact the Human Resources Department for more information.

Women's Health and Cancer Rights Act of 1998

Under the Women's Health and Cancer Rights Act, group health plans must make certain benefits available to participants of health plans who have undergone a mastectomy. In particular, a plan must offer mastectomy patients benefits for:

- Reconstruction of the breast on which the mastectomy was performed
- Any necessary surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses
- Treatment of physical conditions related to the mastectomy, including lymphedema.

Our medical plans comply with these requirements. Benefits for these items are similar to those provided under the plan for similar types of medical services and supplies.

HIPAA Regulations Help to Protect Your Privacy

The privacy provisions of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) help to ensure that your health care-related information stays private. New employees will receive a Privacy Practice Notice which outlines the ways in which the medical plan may use and disclose protected health information (PHI). The notice also describes your rights. For more information, contact the Human Resources Department.

Your Rights under Michelle's Law

Effective January 1, 2010, full-time students covered under the group health plan, that would otherwise lose eligibility under the plan because of a reduction in their full-time class status due to a medically necessary leave of absence from school, may be eligible to extend their coverage under the plan for up to one year, or to age 26, whichever occurs first. The child must be a dependent child of a plan participant and be enrolled in the company group health plan on the basis of being a student at a postsecondary educational institution immediately before the first day of the leave.



REQUIRED NOTICES

Mental Health Parity

Effective January 1, 2010, the Company sponsored medical plans were modified to cover mental health and substance abuse expenses subject to the same treatment limits, deductibles, copayments, co-insurance and out-of-pocket requirements that apply to other medical and surgical expenses. This change applies to both inpatient and outpatient services.

Creditable Coverage Disclosure Notice

If you are Medicare-eligible, there are two important things you need to know about your current coverage and Medicare's prescription drug coverage. First, Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Second, it was determined that the prescription drug coverage offered by Express Scripts is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan. If you are considering joining Medicare's prescription drug coverage, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. For more information about Medicare's prescription drug coverage please visit: www.medicare.gov.

Children's Health Insurance Program Reauthorization Act of 2009 (CHIP)

Signed into expand state CHIP eligibility to more children and expectant mothers with an extended 60-day time frame to coordinate any changes to employer health elections in the event of gain or loss of eligibility and/or a subsidy under Medicaid or CHIP.

Uniformed Services Employment and Reemployment Rights Act (USERRA)

USERRA protects the job rights of individuals who voluntarily or involuntarily leave employment positions to undertake military service or certain types of service in the National Disaster Medical System. USERRA also prohibits employers from discriminating against past and present members of the uniformed services, and applicants to the uniformed services. The Act also states that if an employee leaves their job to perform military service, they have the right to elect to continue existing employer-based health plan coverage for the employee and their eligible dependents for up to 24 months while in the military. Even if the employee doesn't elect to continue coverage during their military service, they have the right to be reinstated in their employer's health plan when they are reemployed, generally without any waiting periods or exclusions (e.g. pre-existing condition exclusions) except for service-connected illnesses or injuries.



REQUIRED NOTICES

Notice of HIPAA Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

In Addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

To request special enrollment or obtain more information, contact Human Resources at (508) 999-9920.

Termination of Health Coverage for Cause, Including Fraud or Intentional Misrepresentation

P.A.C.E. reserves the right to terminate health care coverage for you and/or your dependent prospectively without notice for cause (as determined by the Plan Administrator), or if you and/or your dependent are otherwise determined to be ineligible for coverage under the plan. In addition, if you or your covered dependent commits fraud or intentional misrepresentation in an application for health coverage under the plan, in connection with a benefit claim or appeal, or in response to any request for information by P.A.C.E. or its delegates (including the Plan Administrator or a claims administrator), the Plan Administrator may terminate your coverage retroactively upon 30-days' notice.

Failure to inform any of such persons that you or your dependents are covered under another group health plan or knowingly providing false information in order to obtain or continue coverage for an eligible dependent are examples of actions that constitute fraud under the plan.





New Health Insurance Marketplace Coverage Options and Your Health Coverage

Form Approved
OMB No. 1210-0149
(expires 6-30-2023)

PART A: General Information

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.¹

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact _____

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

¹ An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

PART B: Information About Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Marketplace, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

3. Employer name Graham Windham		4. Employer Identification Number (EIN) 13-2926426	
5. Employer address One Pierrepont Plaza, Suite 901		6. Employer phone number 212-529-6445	
7. City Brooklyn	8. State NY	9. ZIP code 11201	
10. Who can we contact about employee health coverage at this job? Mildred Powers, Benefits Manager			
11. Phone number (if different from above) 212-529-6445, ext. 2311		12. Email address PowersM@graham-windham.org	

Here is some basic information about health coverage offered by this employer:

- As your employer, we offer a health plan to:

☒ All employees. Eligible employees are:

Employees who are considered Full-Time and work on average 21 or more hours per week.

☐ Some employees. Eligible employees are:

- With respect to dependents:

☒ We do offer coverage. Eligible dependents are:

Your legal spouse or your legal child to age 26.

☐ We do not offer coverage.

- ☒ If checked, this coverage meets the minimum value standard, and the cost of this coverage to you is intended to be affordable, based on employee wages.

** Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary from week to week (perhaps you are an hourly employee or you work on a commission basis), if you are newly employed mid-year, or if you have other income losses, you may still qualify for a premium discount.

If you decide to shop for coverage in the Marketplace, [HealthCare.gov](https://www.healthcare.gov) will guide you through the process. Here's the employer information you'll enter when you visit [HealthCare.gov](https://www.healthcare.gov) to find out if you can get a tax credit to lower your monthly premiums.

The information below corresponds to the Marketplace Employer Coverage Tool. Completing this section is optional for employers, but will help ensure employees understand their coverage choices.

13. Is the employee currently eligible for coverage offered by this employer, or will the employee be eligible in the next 3 months?

☐ **Yes** (Continue)

13a. If the employee is not eligible today, including as a result of a waiting or probationary period, when is the employee eligible for coverage? _____ (mm/dd/yyyy) (Continue)

☐ **No** (STOP and return this form to employee)

14. Does the employer offer a health plan that meets the minimum value standard*?

☒ **Yes** (Go to question 15) ☐ **No** (STOP and return form to employee)

15. For the lowest-cost plan that meets the minimum value standard* offered only to the employee (don't include family plans): If the employer has wellness programs, provide the premium that the employee would pay if he/ she received the maximum discount for any tobacco cessation programs, and didn't receive any other discounts based on wellness programs.

a. How much would the employee have to pay in premiums for this plan? \$ 8.00

b. How often? ☐ Weekly ☒ Every 2 weeks ☐ Twice a month ☐ Monthly ☐ Quarterly ☐ Yearly

If the plan year will end soon and you know that the health plans offered will change, go to question 16. If you don't know, STOP and return form to employee.

16. What change will the employer make for the new plan year? _____

☐ Employer won't offer health coverage

☐ Employer will start offering health coverage to employees or change the premium for the lowest-cost plan available only to the employee that meets the minimum value standard.* (Premium should reflect the discount for wellness programs. See question 15.)

a. How much would the employee have to pay in premiums for this plan? \$ _____

b. How often? ☐ Weekly ☐ Every 2 weeks ☐ Twice a month ☐ Monthly ☐ Quarterly ☐ Yearly

* An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs (Section 36B(c)(2)(C)(ii) of the Internal Revenue Code of 1986)

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a state listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor www.askebsa.dol.gov or call **1-866-444-EBSA (3272)**.

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2024. Contact your state for more information on eligibility –

To see if any other states have added a premium assistance program since January 31, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration
www.dol.gov/agencies/ebsa | 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services
www.cms.hhs.gov | 1-877-267-2323, Menu Option 4, Ext. 61565

OMB Control Number 1210-0137 (expires 1/31/2026)

ALABAMA – Medicaid

<http://myalhipp.com> | 1-855-692-5447

ALASKA – Medicaid

The AK Health Insurance Premium Payment Program:

<http://myakhipp.com> | 1-866-251-4861

CustomerService@MyAKHIPP.com

Medicaid Eligibility:

<http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx>

ARKANSAS – Medicaid

<http://myarhipp.com> | 1-855-MyARHIPP (855-692-7447)

CALIFORNIA – Medicaid

Health Insurance Premium Payment (HIPP) Program

<http://dhcs.ca.gov/hipp> | 1-916-445-8322

hipp@dhcs.ca.gov

COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website:

<https://www.healthfirstcolorado.com>

Health First Colorado Member Contact Center:

1-800-221-3943 / State Relay 711

CHP+: <https://www.colorado.gov/pacific/hcpf/child-health-plan-plus>

CHP+ Customer Service: 1-800-359-1991 / State Relay 711

Health Insurance Buy-In Program (HIBI): <https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program>

HIBI Customer Service: 1-855-692-6442

FLORIDA – Medicaid

<https://www.flmedicaidprecovery.com/flmedicaidprecovery.com/hipp/index.html>

1-877-357-3268

GEORGIA – Medicaid

GA HIPP: <https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp> | 1-678-564-1162, Press 1

GA CHIPRA: <https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra> | 1-678-564-1162, Press 2

INDIANA – Medicaid

Healthy Indiana Plan for low-income adults 19-64:

<http://www.in.gov/fssa/hip> | 1-877-438-4479

All other Medicaid:

<https://www.in.gov/medicaid> | 1-800-457-4584

IOWA – Medicaid and CHIP (Hawki)

Medicaid: <https://dhs.iowa.gov/ime/members> | 1-800-338-8366

Hawki: <http://dhs.iowa.gov/Hawki> | 1-800-257-8563

HIPP: <https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp>
1-888-346-9562

KANSAS – Medicaid

<https://www.kancare.ks.gov> | 1-800-792-4884

HIPP: 1-800-967-4660

KENTUCKY – Medicaid

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP):

<https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx>
1-855-459-6328

KIHIPP.PROGRAM@ky.gov

KCHIP: <https://kidshealth.ky.gov>
1-877-524-4718

Medicaid: <https://chfs.ky.gov/agencies/dms>

LOUISIANA – Medicaid

www.medicaid.la.gov or www.ldh.la.gov/la hipp
1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE – Medicaid

https://www.mymaineconnection.gov/benefits/s/?language=en_US
1-800-442-6003 TTY: Maine relay 711

Private Health Insurance Premium:

1-800-977-6740 TTY: Maine relay 711
<https://www.maine.gov/dhhs/ofi/applications-forms>

MASSACHUSETTS – Medicaid and CHIP

<https://www.mass.gov/masshealth/pa>
1-800-862-4840 TTY: 711
Email: masspremassistance@accenture.com

MINNESOTA – Medicaid

<https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp>
1-800-657-3739

MISSOURI – Medicaid

<http://www.dss.mo.gov/mhd/participants/pages/hipp.htm>
1-573-751-2005

MONTANA – Medicaid

<http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP>
1-800-694-3084 | HSHIPPProgram@mt.gov

NEBRASKA – Medicaid

<http://www.ACCESSNebraska.ne.gov>
1-855-632-7633 | Lincoln: 1-402-473-7000 |
Omaha: 1-402-595-1178

NEVADA – Medicaid

<http://dhcfp.nv.gov> | 1-800-992-0900

NEW HAMPSHIRE – Medicaid

<https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program>
1-603-271-5218

HIPP program toll free: 1-800-852-3345, ext 5218

NEW JERSEY – Medicaid and CHIP

Medicaid: <http://www.state.nj.us/humanservices/dmahs/clients/medicaid> | 1-609-631-2392
CHIP: <http://www.njfamilycare.org/Default.aspx> | 1-800-701-0710

NEW YORK – Medicaid

https://www.health.ny.gov/health_care/medicaid
1-800-541-2831

NORTH CAROLINA – Medicaid

<https://medicaid.ncdhhs.gov> | 1-919-855-4100

NORTH DAKOTA – Medicaid

<https://www.hhs.nd.gov/healthcare>
1-844-854-4825

OKLAHOMA – Medicaid and CHIP

<http://www.insureoklahoma.org> | 1-888-365-3742

OREGON – Medicaid

<http://healthcare.oregon.gov/Pages/index.aspx>
1-800-699-9075

PENNSYLVANIA – Medicaid and CHIP

<https://www.dhs.pa.gov/Services/Assistance/Pages/HIPPPProgram.aspx>
1-800-692-7462

CHIP: Children's Health Insurance Program (CHIP) (pa.gov)
1-800-986-KIDS (5437)

RHODE ISLAND – Medicaid and CHIP

<http://www.eohhs.ri.gov>
1-855-697-4347, or 1-401-462-0311 (Direct RIte Share Line)

SOUTH CAROLINA – Medicaid

<https://www.scdhhs.gov> | 1-888-549-0820

SOUTH DAKOTA - Medicaid

<http://dss.sd.gov> | 1-888-828-0059

TEXAS – Medicaid

Website: <https://www.hhs.texas.gov/services/financial/health-insurance-premium-payment-hipp-program>
1-800-440-0493

UTAH – Medicaid and CHIP

Medicaid: <https://medicaid.utah.gov>
CHIP: <http://health.utah.gov/chip> | 1-877-543-7669

VERMONT – Medicaid

<http://www.greenmountaincare.org> | 1-800-250-8427

VIRGINIA – Medicaid and CHIP

<https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select>
<https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs>
Medicaid: 1-800-432-5924 **CHIP:** 1-800-432-5924

WASHINGTON – Medicaid

<https://www.hca.wa.gov> | 1-800-562-3022

WEST VIRGINIA – Medicaid

<https://dhhr.wv.gov/bms>
<http://mywvhipp.com>
Medicaid: 1-304-558-1700
CHIP Toll-free: 1-855-MyWVHIPP (1-855-699- 8447)

WISCONSIN – Medicaid and CHIP

<https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm>
1-800-362-3002

WYOMING – Medicaid

<https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility>
1-800-251-1269

DEFINITIONS

Affordable Care Act (ACA): The Patient Protection and Affordable Care Act, commonly called the Affordable Care Act (ACA) is a United States federal statute signed into law by President Obama in March 2010. The law puts in place comprehensive health insurance reforms.

Annual Maximum: Total dollar amount a plan pays during a policy year toward the covered expenses of each person enrolled.

Out-of-Pocket Maximum: The maximum amount of coinsurance a Plan member must pay towards covered medical expenses in a policy year for both network and non-network services. Once you meet this out-of-pocket maximum, the Plan pays the entire coinsurance amount for covered services for the remainder of the policy year. Deductibles and copays apply to the annual out-of-pocket maximum.

Coinsurance: A percentage of the medical costs, based on the allowed amount, you must pay for certain services after you meet your annual deductible.

Conversion: An Associate changes or “converts” her/his Group Life coverage to an Individual Life Insurance policy without having to answer any medical questions. Conversion is for an Associate who is leaving her/his job, reducing hours, or has reached the age when coverage may be reduced or eliminated, and still wants to maintain the protection that life insurance provides.

Copayment: A set dollar amount you pay for network doctors’ office visits, emergency room services and prescription drugs.

Deductible: Total dollar amount, based on the allowed amount, you must pay out of pocket for covered medical expenses each policy year before the plan pays for most services. The deductible does not apply to network preventive care and any services where you pay a copayment rather than coinsurance. Some of your dental options also have an annual deductible, generally for basic and major dental care services.

Brand Formulary Drugs: The brand formulary is an approved, recommended list of brand-name medications. Drugs on this list are available to you at a lower cost than drugs that do not appear on this preferred list.

Generic Drugs: These drugs are usually most cost-effective. Generic drugs are chemically identical to their brand-name counterparts. Purchasing generic drugs allows you to pay a lower out-of-pocket cost than if you purchase formulary or non-formulary brand name drugs.

Maintenance Drugs: Prescriptions commonly used to treat conditions that are considered chronic or long-term. These conditions usually require regular, daily use of medicines. Examples of maintenance drugs are those used to treat high blood pressure, heart disease, asthma and diabetes.

Non-Formulary Drugs: These drugs are not on the recommended formulary list. These drugs are usually more expensive than drugs found on the formulary. You may purchase brand-name medications that do not appear on the recommended list, but at a significantly higher out-of-pocket cost.

PDP Fee: PDP Fee refers to the fees that participating PDP dentists have agreed to accept as payment in full, subject to any copayments, deductibles, cost sharing and benefits maximums.

Portability: An Associate carries or “ports” her/his current Group Life coverage after employment ends, without having to answer any medical questions. Portability is for an Associate who is leaving her/his job and still wants to maintain the protection that life insurance provides.

Pre-tax Plan: A plan for active employees that is paid for with pre-tax money. The IRS allows for certain expenses to be paid for with tax-free dollars. The state takes premiums out of your check before taxes are calculated, increasing your spendable income and reducing the amount you owe in income taxes. Consequently, the IRS has tax laws that require you to stay in the plans you select for a full policy year (January through December). You can only make changes during Open Enrollment or if you have a Qualifying event.

Primary Care Physician (PCP): The health care professional who monitors your health needs and coordinates your overall medical care, including referrals for tests or specialists.

Provider: Any type of health care professional or facility that provides services under your plan.

Network: A group of health care providers, including dentists, physicians, hospitals and other health care providers, that agrees to accept pre-determined rates when serving members.

Qualifying Event (QLE): An occurrence that qualifies the Subscriber to make an insurance coverage change outside of the Open Enrollment. (For example: marriage, divorce, birth, adoption, loss of other coverage, etc.)

Reasonable and Customary Charge (R&C): R & C fee refers to the Reasonable and Customary (R&C) charge, which is based on the lowest of (1) the dentist’s actual charge, (2) the dentist’s usual charge for the same or similar services, or (3) the charge of most dentist’s in the same geographic area for the same or similar services as determined by Metlife.

Specialty Drugs: Prescription medications that require special handling, administration or monitoring. These drugs may be used to treat complex, chronic and often costly conditions.

CONTACT INFORMATION

Plan	Group Number	Website	Phone Numbers
Oxford Health	1276236	www.myuhc.com	1-800-444-6222
United Health Care Dental	Group # 752887	www.uhc.com	1-800-638-3120
United Health Care Vision	Group # 752887	www.uhc.com	1-800-638-3120
Prudential Ancillary Benefits	Group # P12831A	www.prudential.com	1-800-496-1035
ComPsych GuidanceResources Employee Assistance Program (EAP)		www.guidanceresources.com	1-800-311-4327
Benefit Resource, Inc. FSA & Commuter Benefit Plan		www.BRI.com	1-800-882-4462
Optum Bank HSA	1276236	www.optumbank.com	1-800-791-9361
ARAG Legal Plan	18620	https://www.araglegal.com/ individuals	1-800-255-3352
Allstate Identity Protection (InfoArmor)	4042	https://www.infoarmor.com/	1-800-789-2720
Guardian Voluntary Products	00569963	https://www.guardianlife.com/	1-800-541-7846



COMMITTEES AND GROUPS

Committee Name	Anti-Black Racism Steering Committee
Leadership	Marcella McKoy
Contact: (This will be an email address)	mckoym@graham-windham.org
Meeting Schedule:	Monthly, every last Thursday
About the Committee:	The Anti-Black Racism Steering Committee advances Graham's commitment to transforming racist systems. We facilitate dialogue on the roots of oppression and the importance of centering black people as we reconstruct our culture, policies, and practices. Our work is informed by data that demonstrates the impact of anti-Black racism on communities. We are dedicated to centering the most marginalized to amplify their voices and create lasting change for our children, families, and staff. Events show that when you center the most marginalized, you uplift all.

Committee Name	Continuity of Operations Planning (COOP)
Leadership	Piper LaMelle and Nakisha Oliver
Contact: (This will be an email address)	COOP@graham-windham.org
Meeting Schedule:	Monthly – 3rd Wednesday (3:30 – 4:30PM)
About the Committee:	Committee develops protocols that are in line with Graham's mission, vision and pillars to ensure that Graham continues to operate safely amidst any crisis that arises.

Committee Name	Graham Culture Committee
Leadership	Marcella McKoy
Contact: (This will be an email address)	culture@graham-windham.org
Meeting Schedule:	Monthly – 4th Wednesday (10:00 – 11:30AM)
For More Information:	Graham Culture Committee Teams' Page
About the Committee:	The Graham Culture Committee works to assure a respectful and inclusive organizational culture through the acknowledgement, expression and celebration of our vibrant and diverse spiritual and ideological perspectives; racial and ethnic identities; and, gender and sexual orientations which are reflected among our staff and in the communities we serve.

Committee Name	LGBTQIA+ ThinkTank
Leadership	Caitlin Bargmann and Clarissa Mendez
Contact: (This will be an email address)	N/A
Meeting Schedule:	Monthly – 4th Thursday (12:00-1:00PM)
For More Information:	LGBTQIA+ ThinkTank Teams' Page
About the Committee:	Forum for staff --LGBTQIA+ identified and Allies-- to build and enjoy LGBTQ+ Representation, Support, and Celebration at Graham. We come together in several ways: Topic of the Month presentation/workshops (all staff invited) and Planning meetings (members, all staff may be invited to join). We also will be gathering in person for social community activities, including celebrating Pride.

COMMITTEES AND GROUPS

Committee Name	Pretty Tough Cookies (PTC)
Leadership	Rhea Allen and Ebony Cannon
Contact: (This will be an email address)	N/A
Meeting Schedule:	Monthly – 3rd Friday
For More Information:	N/A
About the Committee:	PTC is a networking group for female-identifying youth throughout Graham. We discuss everything from relationships to our bodies and our experiences as young women in this world. Our group is a safe place for you to get to know others and most importantly, yourself!
Committee Name	Wellness Committee
Leadership	Mildred Powers and Marie Dunn
Contact: (This will be an email address)	wellnesscommittee@graham-windham.org
Meeting Schedule:	Semi-monthly – Every other Tuesday (2:00 – 3:00PM)
For More Information:	N/A
About the Committee:	The Wellness Committee is committed to promoting self-care practices in the Six Dimensions (Spiritual, Emotional, Occupational, Physical, Social, and Intellectual) of staffs' lives help boost staff morale. The goal is to allow staff to recognize that "Self-care is not Selfish".

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www.graham-windham.org